Welcome to Eastgate SDA Church! A message from Pastor Eric Sayler

Every early spring we have grand plans for our garden.

We pull out seed packets, replacing as necessary, we purchase starts, and prepare garden beds.

Watering systems get tested and repaired, and fertilizer applied as needed.

Once everything is ready we start getting our hands dirty: digging holes, loosening roots on the starts, burying seeds, and then waiting.

Within a few weeks the new plants begin to show, pushing their leaves toward the warming sun, stretching their roots toward nutrition, they slowly mature.

We're kind a like plants. We, too, start small and immature but over time, as we take in nutrients, as we stay connected to the Source of Life, we mature.

This week we continue our series from the book of Hebrews and explore Part 2 about "Maturing in Christ" in Hebrews 6. This message will both challenge and bring hope! Please join us as we worship together.

Early service begins at 9:00, Sabbath School at 10:15, and Second Service at 11:30. If you are ill or can't join in person you can always worship online.

Blessings,

~Pastor Eric

This Weekend: December 31, 2022: Pastor Eric Sayler; Next Weekend: January 7, 2022: Pastor Eric Sayler

Week At A Glance

Friday, December 30 6:00pm Agape' Supper & Communion This is a Soup, Salad and Bread supper. We invite you to bring your specialties!				
Sabbath, December 31	9:00am – 10:05am 10:15am – 11:15am	arly Service ~ Pastor Eric Sayler abbath School Study		
	11:30 – 12:50pm	Second Service ~ Pastor Eric Sayler		
Sunday, January 1	News Year's Day 2023			
Wednesday, January 4	6:30pm	Plant Power Group – Library		
	6:30pm	Prayer Meeting, Pastor's Office		
Thursday, January 5	7:00pm	Youth Meeting – Fellowship Area		
Sabbath, January 7	9:00am – 10:0	95am Early Service ~ Pastor. Eric Sayler		
	10:15am	Sabbath School Study		
	11:30 - 12:50	pm Second Service ~ Pastor. Eric Sayler		

Eastgate SDA Church Service this Week ~ Second Service Outline

Worship Service 11:15am 12-31-2022 Link to: ~ Eastgate Church: YouTube

Gathering Song Praise Team
Community Life Rob Becker

Kids Korner

Children's Song Praise Team
Children's Story Patti Becker
Songs of Praise & Worship Praise Team
Prayer Rob Becker

God's Word Pastor Eric Sayler

Sermon Title: Letters to the Hebrews: Maturing in Christ, Part 2

Scripture: Hebrews 6:1a

Song of Response Praise Team
Benediction Rob Becker

<u>Worship Team today – First Service</u> <u>Worship Team today – Second Service</u>

Lead Elder: Rob Becker Lead Elder: Rob Becker

Praise Team Leader: Praise Team Leader:

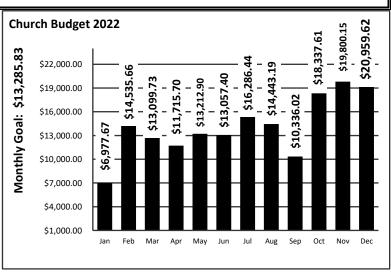
Kevin Waite Kevin Waite Pianist: Pianist: Greeter: Wendy Rick Greeter: Buz & Gay Flegel Lead Deacon: **Daniel Hopkins** Lead Deacon: **Dwight Bartlett** April McCorkle April McCorkle Lead Deaconess: Lead Deaconess: Bob Daniel & Ryan Daniel AV Team: AV Team: Gary & Ryan Wimer Jim Schultz & Daniel Craig Live Streaming: No live-stream early service Live Streaming:

Financial Report	RECEIVED	GOAL	NEED
Student Aid goal for 2022-23	\$ 15,433.30	\$25,271.50	\$ 9,838.20
HVAC Up-grades	\$ 41,462.41	\$55,000.00	Phase 1, 2 &3

<u>December 31, 2022</u> Alaskan Arctic Missions

Appeal: Luke 2:7 NASB "And she gave birth to her first-born son; and she wrapped Him in cloths, and laid Him in a manger, because there was no room for them in the inn."

Baby Boxes. This holiday season we are reminded of the birth of Jesus in a manger filled with hay when there was no room in the inn. In the Alaska Native village of Barrow, new mothers also face bringing their newborns into crowded living spaces with up to 15 people



occupying a one or two room home. These tight living conditions leave no room for a nursery or crib and often the newborn sleeps in the same bed as the mother. These environments lead to the highest rates of Sudden Infant Death and accidental suffocation mortality in the United States. To mitigate these heartbreaking trends, our Arctic Mission Adventure (AMA) team in Barrow has initiated a "baby

box" program. The ministry provides a sturdy box with a small mattress for the newborn to sleep in its own undisturbed space. Each new parent also receives safe sleep training and parenting resources. Today's offering is for Arctic Mission Adventure, a 100% donor supported ministry of the Alaska Conference. The goal of AMA is to place mission workers in villages to live and integrate into village life. They build relationships through spiritual connection and ministries that meet the needs of both old and young, like the new mothers in Barrow. Currently, AMA has mission workers living in eight communities at an annual cost of \$30,000 per village. These workers provide area-specific ministries which encompass day camps, Bible studies, food pantries, leadership development and specific outreach for the Native people of Alaska. There has been significant growth within AMA, and we praise God for this, yet in many ways the work has just begun as there are still over 200 villages with no AMA presence! Today's offering will be used to keep Alaska Bible workers in these communities and Adventist parsonages and churches open. Please pray that the work will continue to move forward in faith and bear witness to the Bush Alaska Native Communities.

Eastgate Church News & Events

Refurbishing Projects continue at Eastgate

We appreciate your patience as we work on additional projects including painting, wall construction, etc.

We would also appreciate your help in taking care of our church facilities. If you participate in an event where food or drink are part of the process or inside<>outside traffic is involved; will you help by making sure that spills are cleaned up immediately? If we could monitor our comings and goings so as to reduce excess yard debris being tracked indoors? When spills, mud, dirt, etc. are left for someone else to clean long term damage often occurs. Thank you for your conscientious acts of service.

Winter Term Grow Groups

Are you looking to lead or participate in a grow group with the new year?

Two Groups are getting organized. Please see the following:

Plant Power <u>- Green Smoothie Challenge – 6-weeks</u>

Pre-assignment for participants and those who are curious Dr. Brooke Goldner, M.D. is offering her FREE online classes, 6 Steps To Reversing Autoimmune Disease With Supermarket Foods at GoodbyeLupus.com until Jan 2! Please watch so you know how and why the program increases nutrition to decrease inflammation. Come on January 4 to learn how our group plans to provide support/accountability to help you achieve your personal goals in 2023. Who doesn't want to feel better and have more energy to do what you want to do?

What you will learn from FREE online class by Brooke Goldner (available until January 2):

Class 1: Dr. Brooke Goldner's story of becoming Lupus-free and The 3 Foods Making You Sick

Class 2: The 3 Foods Essential for Healing and Optimal Health

Class 3: How to do Rapid Recovery Nutrition & Dozens of Case Studies in Reversing Autoimmune Disease with Supermarket Foods

To watch the classes: Click the following link and choose "Option 1 Enroll in The Next Free Classes" https://event.webinarjam.com/register/49/74m8ptm7

Local Group:

1. Kick-off Meeting: Wednesday, January 4, 2023, at 6:30 PM in-person in the Eastgate Church library. If you cannot attend in-person, but could attend via Zoom, please let us know so a link can be sent to you.

- 2. Weekly sessions: Sundays, January 8 through February 12, 2023, at 4:00 PM via Zoom (*XXXX password will be sent to group members only)
- 3. Daily Check-in: Via closed Facebook group Post pictures, successes, frustrations, tips, and lessons learned
- 4. Final Meeting: Saturday, February 18, 2023, at 1:15 PM Share favorite smoothie with group, challenges, victories, results, next steps.

Want to participate and have not received a private Facebook invitation to the Plant Power Green Smoothie Challenge? Please send an email to sayler@hotmail.com or ksrenshawsp02@gmail.com with your Facebook contact information so you can be invited. Please accept invitation once received. You will find additional information already posted for group members.

Hand Tied Fishing Flies: Learn to tie fishing flies during the winter months

A group where we will learn together techniques of tying traditional and modern fishing flies. One goal for this group is to develop a greater understanding of the equipment and materials used in tying fishing flies. Eight sessions are planned and dates are reserved on the church calendar. Starting date has been changed to Monday, January 23 from 6:30 – 8:00pm followed by one week later Jan. 30. Additional dates will be discussed at the orientation the first evening.

Please complete a sign-up for and questionnaire found on the display table in the lobby!

Food Collecting to continue through the month of December

We will continue to collect food through the month of December to assist individuals and families. Should we have an excess we will contribute to Eden's Pantry. A Pantry to support struggling college students at WWU.

Food insecurity is an issue facing college students across the nation and Walla University students are not immune. In a survey conducted through the WWU Office of Student Life, 45% of student's respondents said that they have personally struggled with not having enough to eat. Eden's pantry is an initiative to meet this basic need.

Pantry hours are Monday, Wednesday, Thursday from 5:00-7:30pm

School News & Children's Ministry Items

<u>Milton-Stateline Adventist School</u> is looking for a certified, part-time teacher for grades five and six science and social studies. If you are interested in this position, please contact Jeanne Goodhew at (541) 938-7131.

Rogers Adventist School is looking for part-time employee(s) for the following:

After School Care Supervisors

We are looking for someone who can do three shifts per week: Tuesday & Thursday, 3-5:30pm and Fridays from 12-3:30pm. We would give consideration to hiring a mature and responsible high school or college student, age 17+. Please contact Holley Bryant (holley.bryant@rogersschool.org or (509)529-1850) for more details

Youth Thursday Evening Gatherings

Coming January 5, The weekly Youth Gatherings begin once again. 7:00pm each week in the Youth room.

Collegiate & Young Adults

Sabbath Morning Bible Study

Collegians and young adults (or young at heart) are invited to come for breakfast at 9:30am every Sabbath morning and stay for an engaging Bible study. We read a chapter of the Bible together and

then dig deep to discuss the hard questions and figure out life applications. Come visit us at Classroom 115 and bring a friend! We are currently studying II Kings. For more information text Josh Boram (541) 870-4661 or Mary Castrejon at (360) 349-7126.

Men's Ministry

<u>Thursday Night Men's Group ~ 7:30pm</u> Leader: Rob Becker, meet in Pastor's Office This is a bible study group for men, lead by men, praying for men studying together. If this interests you please contact the group leader Rob Becker or our Pastor Eric Sayler.

Men's Ministry Monthly Breakfast and Worship Time: Next UP – January 22 @ 8:00am

The gathering will be following the Christmas season and the start of the New Year. We will gather again Sunday Morning, January 22. Join the men at 8:00am for physical and spiritual food to share!

Women's Grow Group

Rhoda Ehrman invites you to join a group of women studying together. Starting January 9 they will begin a new book: "A God Shaped Heart" by Timothy Jennings. Contact her at 509-200-2826.

Expansion of Support Teams for Audio/Video and Live-Streaming ~ Help Needed!

Our Audio/Video teams could use more help. This is one area of ministry where more experienced operators would help to lighten the load.

Brian Hartman who leads the Live-Streaming Team is also looking for one or two more individuals who would be willing to learn and assist in the ministry of our On-line Worship Service.

There are those who use our YouTube as an option for viewing for a variety of reasons. We need to expand the teams. The Team Leaders would gladly speak to anyone who might be interested. Contact Brian Hartman or Bob Daniel if you might be interested in learning.

EASTGATE SDA WEBSITE! - https://www.eastgatesda.org

~ Sermon Archives ~ Bulletin Library ~ our weekly e-NewsLetter ~ Events Calendar ~ Offerings

<u>EASTGATE SDA ON FACEBOOK</u> Like and follow our page on Face Book! <u>https://www.facebook.com/Eastgate-SDA-Church-206126468203</u> <u>Eastgate SDA Church</u>

EASTGATE SDA CHURCH ON YOUTUBE

YouTube: Eastgate Church ~ Our Church Service is now being broadcast on YouTube at the following Link: <u>Eastgate Adventist Church</u>. Thank you for subscribing!

Walla Walla Valley Academy

Walla Walla Valley Academy Kicks Off Auditorium Remodel Campaign

WWVA is raising \$1 million to update their auditorium. This project will serve many purposes on campus and houses special moments in many people's lives. This special space has served thousands of people throughout our WWVA and Walla Walla community . It is well-used and well-loved, but the time has finally come for some much-needed updates. To find out more, and how you can participate, visit news.uccsda.org/wwva1122.

Walla Walla University

WWU Engineering students participate in Engineers without Borders. They have several projects including a local one for helping farmers with irrigation management and several international projects focused on providing potable water to several communities in Africa. On Sabbath evening, February 4 from 6 – 8pm they will be having a fundraising dinner. During the dinner their students will be sharing what they have been doing and their next steps forward with each project. More information for each project and to sign up for the gala can be found on their website: https://ewb-wwu.org/. This year's

Fundraising Gala will take place at the Marcus Whitman Hotel. Admission will be \$60 per non-student or \$30 per student.

You may chose to attend or simply to financially support these student lead humanitarian projects.

Walla Walla Valley News

<u>Memorial Service:</u> For Cindy Walikonis, will be held March 4, 2023, 3:00 pm at the College Place Village Church.

All of us at **SonBridge Center for Better Living** want to share our gratitude for your faithfulness in assisting as we bring Hope & Wholeness to people in the Walla Walla Valley. Your generous donations of goods, time and money allow us to provide a child with snow boots, a mom with an outfit for an interview, a man with coveralls needed for a job, money for rent, gas and utilities and meals for the people living in transitional housing. This week we received a thank you note from one of our support group attendees, expressing appreciation for a listening ear and for being treated with respect and dignity. Your generosity makes it possible for us to provide for others. If you would like to volunteer, find out more or donate to this amazing ministry, please visit sonbridge.org or until the end of the year donate at valleygivingguide.org and search for SonBridge. May blessings and joy be yours!

Pastor Steve Walikonis Retirement Party ~ a previous pastor of this congregation

Due to the recent passing of his wife, Cindy Walikonis, this event has been postponed until further notice.

Christian Aid Center News for Job and Volunteers

JOB Opening: We have a job opening for a <u>Programs Director</u> in our department of <u>Men Services</u>. This staff member oversees the delivery of our various recovery programs. The job is full-time with benefits. For a complete job description, please visit our website at <u>christianaidcenter.org</u>. If you or someone you know is interested in this job, please send a cover letter/email and resume to <u>iradzikowski@christianaidcenter.org</u>.

VOLUNTEER Opportunities at the Christian Aid Center:

- --Breakfast Cooks in our community kitchen (Monday, Tuesday, Wednesday & Saturday shifts available)
- --Van Driver to pick-up donated food on Saturday mornings
- --Kitchen Helpers in our community kitchen (various shifts available)
- --Registered Nurses to help in our Health & Wellness Center
- --Prayer Warriors to pray on behalf of our guests. This is a women's prayer group that meets on Thursdays from 10:00 to 11:00 am.

For more information, please contact Jeannette Regalado, Community Engagement Director at (509) 525-7153 ext. 114. You can also fill out a volunteer application on our website at christianaidcenter.org.

Upper Columbia Conference of SDA News

Happy New Year

Looking back on this year, Upper Columbia Conference is so grateful for everything we've done together. UCC wishes you a Happy New Year and looks forward for what's to come in 2023. "For our light and momentary troubles are achieving for us an eternal glory that far outweighs them all. So we fix our eyes not on what is seen, but on what is unseen, since what is seen is temporary, but what is unseen is eternal." *2 Corinthians 4:17-18*

Watching and Waiting ~ By: David Jamieson, UCC President

There is a story told about a boy who desperately wanted a watch for Christmas. This was no ordinary watch. It was one of those fancy, high-tech watches that had many features and functions. As Christmas approached, he begged and begged his parents every day to receive this gift until finally they had heard about it so much that they said, "Johnny, please don't mention it again or you won't get it." Well, Johnny wasn't one to give up easily, so he began to devise another plan of action to highlight his desire for this watch.

To read the rest of this story, visit news.uccsda.org/watch1222.

<u>Prayer Zoom with Joseph Kidder – January 7, at 4:00 p.m.</u>

Come and join a conference-wide prayer meeting on January 7, Sabbath at 4:00 p.m. S Joseph Kidder, MDiv, DMin, professor of pastoral theology and discipleship at Andrews University, will present important concepts about prayer. Prayer is a significant topic for Dr. Kidder. He speaks on this topic at various camp meetings and convocations.

This Zoom is offered in three languages: English, Spanish and Russian! Plan on one hour, with 25 minutes for prayer together in groups following Pastor Kidder's presentation.

Join the Zoom meeting at

https://us02web.zoom.us/j/85993315853?pwd=aVNTYXRzWHp1Q3RsVUNOZCtCNmVaUT09

Shorter link: news.uccsda.org/kidder123

Meeting ID: 859 9331 5853 Passcode: 770151 One tap mobile +12532158782,,85993315853# US (Tacoma)

+12532050468,,85993315853# US

Coming Soon: The Upper Columbian

The UCC communications department has been working to improve our communication to you. Back in November we sent out a survey and have taken your recommendations and suggestions into consideration. This means a couple things — we are updating the main conference newsletter, as well as creating a webpage. Beginning in January 2023, *The News You Need to Know* will change its name to *The Upper Columbian*. Both Autumn Dunzweiler, managing editor of *The Upper Columbian*, and I are excited about the future of this publication. Change can often be difficult, but we are always open to feedback at news@uccsda.org. Thank you for being part of this journey, and we pray you will share this newsletter with others in your church.

May God continue to bless each of you in your personal ministry.

~ Dustin Jones, UCC director of communications and editor, The Upper Columbian

Vertical: Thirty-One Days of Praying for Renewal

Do you like to start your year off right? Vertical: Thirty-one Days of Prayer for Renewal will begin January 1 and going through January 31, 2023. We invite you to participate in "Thirty-One Days of Prayer for Renewal." Your participation will bring growth to your life as well as your church. Sign up at www.uccsda.org/vertical

Adventist News Network Reviews Top Stories of 2022

As the goal-setting for 2023 begins, it also brings an opportunity for reflection. In 2022, ANN was committed to bringing news stories from the Global Church to every corner of the world. In 2022, ANN published more than 4,000 articles featuring the victories and challenges of the World Church family. By looking back on these stories, we can see, without a doubt, God has been present in every circumstance. Read the full story at news.uccsda.org/ann1222.

Babylonian Tablets Unearth Insights into Judean Life in Exile

In November, Evangelical Theological Society held their annual meeting in Denver, Colorado, Assyriologist and expert in Mesopotamic archaeology, George Heath-Whyte, discussed what the ongoing translation of the two hundred tablets found in 2014. The tablets were written in cuneiform

script that reveal aspects of the life of Jews who lived in Babylon at the time of the exile. Read more at news.uccsda.org/tablets1222.

Pavel Goia's Videos from Prayeradigm Shift

Pavel Goia spoke at Camp MiVoden for the Prayeradigm Shift and we are making the videos available to you. Please utilize these in your church, prayer group, or prayer outreach. The videos can be viewed at news.uccsda.org/goia1122.

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Obituary for C. Elwyn Platner ~ June 24, 1934 - December 20, 2022



Walla Walla resident C. Elwyn Platner, 88, passed away December 20, 2022. During his career he served as Public Information Officer for Walla Walla College and later for the Oregon Conference of Seventh-day Adventist.

There will be a Memorial of Life service with a reception following this Saturday, December 31, 2022 at 3pm at Mountain View-Colonial Dewitt Funeral Home, 1551 Dalles Military Road, Walla Walla, WA.

Elwyn will be laid to rest at Mount Hope Cemetery in College Place, WA. at a later date. Friends and family can share memories of Elwyn at www.mountainview-colonialdewitt.com.

Survivors include our Eastgate SDA church member, Maria Platner.

Prayer 7ime ~ Cherishing People ~ "Pray for one another."

We are inviting you to pray for members and friends of our church family each day. Please keep this in a place that will make it easy for you to remember to pray for one another.

"... we do not make requests of *You* because we are righteous, but because of *Your* great mercy. O Lord listen! O Lord forgive! O Lord hear and act!"

(Daniel 9:18 & 19. NIV)

Anonymous:

Do you have an anonymous prayer request? Please state it via email to the church office, or on a communication card dropped in the offering box.

We will share it here anonymously for the body to provide prayer support!

Prayers from a father for his two special children – that they stay safe in Christ!

Praises and Prayers of thanksgiving for members of this church who care for each other, for their children, their grandchildren and their church.

Prayers for older members who are struggling to maintain their independence and dealing with realizing their increasing need to rely on others.

Prayers for a brother who is struggling with addiction, trying to stay clean and sober while looking for a healthier work environment.

Requests: - What are your prayer requests?

Please remember Connie and Randy Roger's as they journey through treatment and travel to and from the treatment center. If you wish to assist financially? Please follow this link: www.GoFundMe.com/w4pcx8-love-for-Connie

Prayers requested for Kristy & Dwight Bartlett as they travel a road of disease diagnosis and treatment.

Prayers for Birdie Einig as she has begun receiving treatments for her illness.

Prayers for Carol R. as she continues her recovery and adjustment to the loss of one of her eyes.

Prayers for traveling mercies for members of our faith community:

Les & Anita Cunningham

Prayers for a young man who is living in the homeless camp hoping to secure housing soon. – Shaun

Praises:

What do you have on your heart that you would like to share as Praise to the Lord!?!?

Praises for the opportunity to help a family where tragedy has impacted their lives this past year. To provide some food and gifts and special contact moments of support and love. May each of you find ways of doing this too!

UC Conference Prayer List:

- Pray for Cashmere Adventist Church that God will help each member share God's infinite love with their neighbors.
- Pray for Spokane Valley Spanish Adventist Group that each attendee will see and share the power of God.
- Pray for all members of Pilot Rock Adventist Church that their prayers for their community will be fulfilled.

Prior to Christmas some sharing took place.

This sharing included some cartons of sauce. A number of folks asked if the recipe could be shared so here it is with reference to the original source. The person who submitted this suggests it is enjoyed over rice. When I looked up the word Satay the web search indicated a sauce served over meat so I suppose your imagination can take it from here ~ vegetarian or otherwise. We hope you enjoy this!

Indonesian Chickpea Satay ~ Makes 8) ~ 1-cup servings **The Revive Café Cookbook** by Jeremy Dixon – 1st cookbook in series so has no number)

- 2 large carrots
- 1 large chopped onion
- 2 tablespoons oil (I use ½ cup water)
- 2 cloves garlic (2 teaspoons minced garlic)
- 3 tablespoons ginger puree (Andy's Market Asian section)
- 1 pinch cayenne pepper
- 1 teaspoon ground turmeric
- 1 teaspoon ground cumin
- ½ cup peanut butter
- ½ cup hot water
- 24-oz. can crushed tomatoes
- 6-oz. can coconut cream (canned coconut milk)
- 2 12-oz. cans chickpeas (garbanzos beans or 2 cups home cooked)
- 1 teaspoon salt
- 3 tablespoons date puree or honey (omitted)
- 1. Slice and roast carrots for around 20 minutes at 350°F.
- 2. In a large pot or pan cook onion, garlic, oil/water until almost clear, then add ginger puree and stir until onions are clear.
- 3. Stir in spices. (Stir almost constantly from this point forward. Have peanut butter paste and cans open)
- 4. Mix peanut butter and hot water to make a pourable paste and add to pot.
- 5. Add tomatoes and heat until boiling.
- 6. Add salt and coconut cream/milk and date paste if using.
- 7. Add chickpeas and carrots.
- Optional: Garnish with freshly chopped chives or other fresh herbs.