

## *Welcome to Eastgate SDA Church!*

### *This Sabbath our Service is Presented by the Women's Ministry Team*

Our Women's Ministry team is looking forward to celebrating Mother's Day Sabbath with the ladies of our church and their families! Mother-Daughter team, Barbara and Josie Henderson will speak on the subject of: "As women our calls might be different, but we are all of great value".

For your enjoyment they will also have a Photo Op Backdrop where you can take a Mother's Day photo with your loved ones. Please plan on using your own camera or smartphone. Ask a friend to digitally capture the moment for you.

We pray all will receive a blessing this Sabbath no matter where they worship!

For those who are unable to worship in person, you are welcome to join us live online at our [YouTube Channel](#) or view us later when the program is up-loaded to that sight.

*This Weekend: May 7, 2022: Women's Ministry Weekend*

*Next Weekend: May 14, 2022: Pastor Eric Sayler*

### *Week At A Glance*

#### **Sabbath, May 7, 2022**

9:00am – 10:00                      Every Man A Warrior; Men's Class

**10:00 – 11:00am                      Sabbath School Study Time**

**11:15am – 12:30pm                      Mother's Day Weekend – Women's Ministry Team**

Sunday, May 8

***MOTHER'S DAY***

Monday, May 9                      6:30pm                      Weight Loss Sauce – Fellowship Room

Tuesday, May 10                      6:30pm                      Walla Walla Valley Academy Constituency Meeting

Wednesday, May 11                      6:30pm                      Our Weekly Prayer Meeting – Youth Room

Thursday, May 12                      7:00pm                      Youth Gathering – Fellowship Room

Friday, May 13                      6:30pm                      Prayeradigm Gathering in the Fellowship Room

#### ***Future May Dates to Keep in Mind***

Monday, May 16                      6:00pm                      Feathers & Hares 4-H Club

Tuesday, May 17                      6:30pm                      Church Board Meeting

Sabbath, May 21                      1:00pm                      BYO Picnic & Hike, Church backyard & Bennington

Sunday, May 22                      Dale Peterson's 92<sup>nd</sup> Birthday!

Sunday, May 22                      6:00pm                      Milton Stateline Adventist School Constituency

**Eastgate SDA Church Service this Week**

**Worship Service 11:15am 05-07-2022** [Link to: ~ Eastgate Church: YouTube](#)

Gathering Song	Praise Team
Community Life	Kristy Bartlett
Kids Korner	
Children's Song	Praise Team
Children's Story	Kristy Bartlett
Songs of Praise & Worship	Praise Team
Prayer	Kristy Bartlett
God's Word	<b>Barbara &amp; Josie Henderson</b>
Sermon Title:	<b>"God in the Heart of Women"</b>
Scripture:	<b>Psalm 46:5 NIV</b>
Song of Response	Praise Team
Benediction	Kristy Bartlett

**Worship Team today**

Lead Elder:	Kristy Bartlett
Praise Team Leader:	Seth Gillham & Friends
Pianist:	
Greeter:	Carol Reiswig & Rosalie Dickerson
Lead Deacon:	Dwight Bartlett
Lead Deaconess:	Anita Cunningham
AV Team:	Bob Daniel * Ryan Daniel
Live Streaming:	Brian Hartman

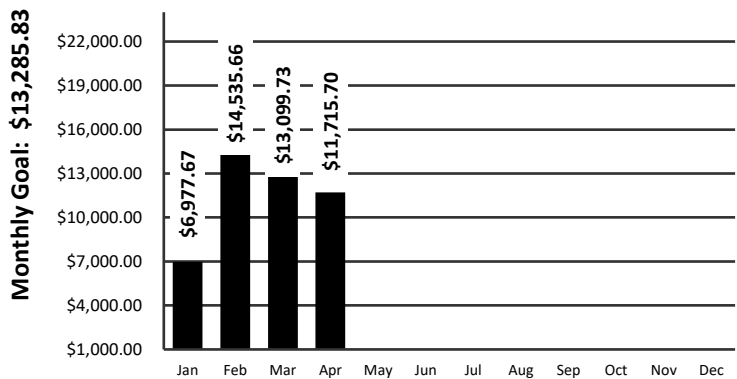
<b><u>Financial Report</u></b>	<b><u>RECEIVED</u></b>	<b><u>GOAL</u></b>	<b><u>NEED</u></b>
Student Aid goal for 2021-22	\$ 21,228.53	\$16,900.00	\$(4,328.53)
HVAC Up-grades	\$ 27,073.91	\$55,000.00	<i>Phase 1, 2 &amp;3</i>

**May 7, 2022 — Local Church Budget**

**Appeal:** Deuteronomy 8:18 "But remember the Lord your God, for it is he who gives you the ability to produce wealth, and so confirms his covenant, which he swore to your ancestors, as it is today."

**He Empowers!** We worship God with our resources because He has placed something valuable in each of our pockets. Some of you are not convinced by these words because you are thinking of how thin your purse is or about the bank account that you don't have.

**Church Budget 2022**



Sometimes, we search thoroughly and still fail to see the value in things that we have received. Hence, we are tempted even to doubt these words or take comfort by spiritualizing the meaning of the word "wealth." Is it possible that we focus too much on the end product while not appreciating the "ability to produce wealth" that God has given us? One day a man was asked about the difference between himself and his wife. Listen to his answer: "When I am hungry, I behave differently from my wife." "After my day of work at the office, I will drop my bag,

rush to the kitchen, remove the lid from over the pot and look for my favorite dish.” “In contrast, my wife, when she is hungry, will open the cupboard and the fridge, get the raw materials and prepare a delicious meal.” Two different strategies to address the same need: one is seeking desperately for the end product and the other using the available raw materials. Instead of being frustrated and discouraged about the absence or limitation of the end product, it is more efficient to acknowledge and use God’s raw materials. They comprise, among other things of the health, energy, talents, and gifts that He has provided. And God promises to empower us as we diligently use these raw materials. Do you know that one of the most thrilling experiences is to partner with God to produce resources for our subsistence? This week, through our participation in tithe and regular offerings we can praise God for assisting us in transforming the raw materials He provides.

**Prayer:** Lord, we are thankful for both the raw materials and the ability to produce wealth. You are indeed the Provider of everything.

### *Eastgate Church News & Events*

#### **JOIN THE LIVE-STREAMING TEAM !!      Interested People Needed**

Brian Hartman who leads the Live-Streaming Team is looking for one or two more individuals who would be willing to learn and assist in the ministry of our On-line Worship Service. There are those who use our YouTube as an option for viewing for a variety of reasons. We need to expand the team and he would be happy to speak to anyone who might be interested. Contact Brian at [hartmaninbox@gmail.com](mailto:hartmaninbox@gmail.com) or 509-240-6607 text or voice call.

**Donna (Ritchie) Casebolt will be 90 years old on May 8<sup>th</sup>, Mother’s Day!** To celebrate without placing her at risk, please send cards & well-wishes to Dixie Cramer at 30 Talon Loop, Walla Walla, WA 99362 or email to: [dcramer55@gmail.com](mailto:dcramer55@gmail.com).

#### **Mother’s Room ~ Small Child Space for Fathers**

Our Mother’s Room is a space for new mothers where they can care for the needs of their infants and toddlers and still be able to engage with and follow along with the worship process in the main sanctuary. *Please do not leave children there unsupervised.*

Fathers who may need to take their turn at caring for their young ones should be aware of a multi-use space in what we call our library. There are a couple of rocking chairs for calming little ones who may need to be snuggled. This room is also a transition room where training of little ones can take place as needed. This room will continue to be a multi-function room where committees and small groups can meet during the week and during Sabbath school time.

Please bring your own quiet toys for your child.

#### **Two Services to return to Eastgate SDA Church ~ June**

At the April church board a discussion focused on our increased church attendance and the possible need for implementing a second church service. Suggested model would be Early Service – Sabbath School – Second Service. This will require more staff on the part of Deacons and Deaconesses in the lobby area. It was also suggested that they act to help those entering late to find seating. Target date to start this is June 4, 2022. Details remain to yet be worked out.

If you would be interested in joining a team to help support this transition please speak with the team leaders for Greeters, Deacons, Deaconesses, A/V, an Elder or the Pastor.

#### **Face to Face Weekly Prayer Meeting in the Church Youth Room!**

This group meets every Wednesday Evening at 6:30. Please join us as we experience the power of the Holy Spirit being poured out on our church. “There is great need of secret prayer, but there is also need that several Christians meet together and unite with earnestness their petitions to God.” – *In Heavenly Places, p. 91*. Questions? Please call Carol at 509-200-0587 or Dixie at 509-301-2827.

**EASTGATE SDA WEBSITE!** – <https://www.eastgatesda.org>

~ Sermon Archives ~ Bulletin Library ~ our weekly e-NewsLetter ~ Events Calendar ~ Offerings

**EASTGATE SDA ON FACEBOOK** Like and follow our page on FB!

<https://www.facebook.com/Eastgate-SDA-Church-206126468203> [Eastgate SDA Church](#)

**EASTGATE SDA CHURCH ON YOUTUBE**

YouTube: Eastgate Church ~ Our Church Service is now being broadcast on YouTube at the following Link: [Eastgate Church](#) or type out the address shown below. Thank you for subscribing!

<https://www.Youtube.com/c/EastgateAdventistChurch/featured>

### ***Small Groups also known as Grow Groups Ministries***

Most of these groups have had their first meeting. We pray they will be a blessing to those participating!

May 1: **Run for God**; leader, Rachele Hartman.

May 1: **Virtual Plant-based Cooking**, Melissa Roberts.

May 1: **Dinner Club Group**, Sue Laabs, Carolyn Vickroy ~ Laabs' Residence

May 3: **Praising with Strings**, Cal Blackham ~ Junior Classroom

May 5: **Prayer Walking Group**, April McCorkle

May 7: **Family Friendly Campfire Group**, Michelle Einig

May 12: **Knitting/Crocheting Group**, Sara Peterson

If you are interested in leading a group or want more information regarding this please contact him at 503-312-4355 or email to [luke.self@gmail.com](mailto:luke.self@gmail.com) .

### ***School News & Children's Ministry Items***

**Discovery Preschool at Walla Walla University ~ Summer Session and Beyond!**

Discovery Preschool is accepting applications for our 2022 Summer program and our 2022/2023 school year. Submit an application on our website or contact [stacy.maxted@wallawalla.edu](mailto:stacy.maxted@wallawalla.edu) for more information. We are making great plans for next year and would love to have you join us!

**Upcoming Events at Milton-Stateline Adventist School**

May 12 Spring Program, 6:30 p.m.

May 20 Walkathon

May 22 Constituency Meeting, 6:00, School gym

May 26 Kindergarten Graduation, 6:30 p.m., school gym

June 2 Eighth-grade Graduation, 6:30 p.m., Milton Church

### ***Collegiate & Young Adults***

**Sabbath Morning Bible Study**

This group is a vibrant collection of 20 – 40 ish believers who are currently studying II Samuel as they study the life of David. To join this group and be in the know of how to meet, visit classroom 115 or call Josh Boram (541) 870-4661 or Mary Castrejon at (360) 349-7126.

### ***Men's Ministry***

**Each Sabbath Morning: Every Man A Warrior; Helping Men Succeed in Life**

Every Sabbath in Room 145 at **9:00AM** a group of Eastgate Men continue a special Sabbath Morning study group – yes, for men only. The *Every Man a Warrior* guide book. It is designed specifically to deal with the issues that men face and need to succeed in. It has been used with men of all ages from teens to men in their 70s. Toby Slater will lead in studying and share the role with others as they progress.

**Thursday Night Men's Group ~ 7:30pm** Leader: Rob Becker, ~ Pastor's Office

**Eastgate Vacation Bible School – 2022**

Carolynn Vickroy is again heading the team for our Summer Vacation Bible School here at the Eastgate SDA Church. Set up with decorations from July 31 to August 7. VBS days are Monday to Friday August 8 – 12 from 9:00am to 12 Noon.

Help is still needed in all of the following teams:

Prayer Station	Bible Story Station	Craft Station
Snack Station	Game Station	Preschool Station
Skits/Drama	Set up & Decorations	A/V operators
	Registration Team	

You can reach out to Carolynn at [cmfvickroy@yahoo.com](mailto:cmfvickroy@yahoo.com) or text/call at 509-301-7268.

Your prayers of support for the evangelistic success with our community children are also coveted.

**Eastgate Health Ministry Team corner**

**An apple a day ~ A Source of:**

- Fiber - lowers bad cholesterol, provides healthy bacteria in our digestive system, relieves constipation and may play a role in preventing chronic disease Our bodies need 25-30 grams of fiber a day. 1 apple provides 4.5 grams fiber
- Phytochemicals - quercetin has antioxidant and anti-inflammatory effects
- Catechin regulates blood pressure, increases weight loss, protects brain from disease
- Vitamin C - 14% of daily value
- Natural sugar has a low glycemic index - 36. Will not raise blood sugar level quickly

Fresh apples offer the most nutrients. Discarding the skin removes much fiber and majority of flavonoids. Dehydrating apples removes vitamin C. Clear apple juice removes most flavonoids and fibers.

Wash apples under running water. Soak apples in 1 tsp baking soda and 2 cups water, then rinse well and dry for storage. Apples last longer in refrigerator crisper drawer. Washing apples removes pesticides and dirt.



Fun ways to enjoy apples

Cut 1 apple in slices and spread with nut or seed butter

Enjoy slices of apple with thin slices of cheddar cheese

Core and slice apple thinly, place on lightly greased baking sheet, sprinkle with cinnamon. Bake for 1 hour, flip the slices and bake until apple slices feel dry. Cool.

Add to smoothies, bake in muffins

Recipe including apples

<https://foodrevolution.org/recipes/kale-pomegranate-salad-with-chopped-walnuts-and-sliced-apples/>

[Roasted Butternut Squash Soup with Apple | Masala Herb](#)

*A Health Tip brought to you by the Eastgate SDA Health Ministry Team*

**Walla Walla University Music Department**

You are invited to join us for these special events coming up! Free admission. All welcome!

**Music at 7: Student Recital:** Tuesday, 10 May 2022, 7:00 p.m.

Melvin K. West Fine Arts Center Auditorium

**Senior Recital: Jamie Palmer, Baritone:** Sunday, 15 May 2022, 2:00 p.m.  
Melvin K. West Fine Arts Center Auditorium

**Wind Symphony Concert:** Tuesday, 17 May 2022, 7:30 p.m.  
Walla Walla University Church

**Voice Master Class: Julie Wieck:** Friday, 19 May 2022, 3:00 p.m.  
Melvin K. West Fine Arts Center Auditorium

**Spring Choral Concert:** Saturday, 21 May 2022, 5:00 p.m.  
Walla Walla University Church

**Senior Recital: Ronnie Anderson, trumpet:** Sunday, 22 May 2022, 7:30 p.m.  
Melvin K. West Fine Arts Center Auditorium

**Symphony Orchestra Concert:** Thursday, 26 May 2022, 7:30 p.m.  
Walla Walla University Church

### *Walla Walla Valley SDA News*

#### **Celebration of Life, Maurice Kivett, May 7**

Gloria Ensminger Kivett would like to invite all who knew Maurice Kivett to a Celebration of Life Service to be held at the Walla Walla University Church at 4:00pm. Maurice was an Anesthetist here in the valley who passed away June 1 of 2020 due to cancer.

#### **SonBridge Personal Shopper Positions**

We are in need of one or more volunteers who enjoy helping others by being Personal Shoppers at SonBridge. This position assists people coming into our front office with "necessity of life" items such as clothing, household items, rent, utilities and food. The most important traits of the Personal Shopper are of being kind, non-judgmental, empathetic, encouraging and knowing how to ask questions to find out just what the person needs. We request a commitment of at least 3 hours per week. Days and hours are flexible between Monday – Thursday, 9am to 5pm. Please contact SonBridge Center for Better Living at 509-529-3100 or visit [sonbridge.org](http://sonbridge.org).

#### **Christian Aid Center Seeking Volunteer Assistance!**

Here are the latest volunteer opportunities at the Christian Aid Center:

--Breakfast Cooks are needed in our community kitchen. We currently have two shifts available: Mondays from 6:00 to 7:45 am, and every other Wednesday from 6:00 to 7:45 am. Professional cooking skills not required.

--Registered Nurses to help in our Health & Wellness Center.

--Receptionist in our Women & Children's Shelter on Tuesday afternoons.

For more information, contact Jeannette Regalado, Community Engagement Director at (509) 525-7153 ext. 114. You can also fill out an application at [christianaidcenter.org](http://christianaidcenter.org).

### *Upper Columbia Conference of SDA News*

#### **Upper Columbia Conference Camp Meeting — June 16-18**

Upper Columbia Conference Camp Meeting 2022, "His Soon Return: Getting Serious About the Second Coming," will be held at Spokane Valley Church from June 16-18. John Bradshaw, president and speaker of It Is Written, and David Jamieson, UCC president, are the main speakers. The King's Heralds will present a Sabbath afternoon concert. All programs will be in-person, but will also be livestreamed for those unable to attend. Free meals will be provided on Sabbath, but you must pre-register. For more information see [uccsda.org/campmeeting](http://uccsda.org/campmeeting).

## **Did You Miss the Spring Women's and Young Women's Virtual Retreat?**

The 2022 Spring Virtual Retreat is now available to stream. Be blessed by messages from featured speaker Lindsey Haffner, youth pastor from Redlands, California, and music by Roxane Nkomo, a member of the London Adventist Chorale. Special features include Makena Horton, UCC communications coordinator; Heidi Jones, hospice chaplain; Sheryl Janke, UCC women's event coordinator; and Cathie Hartman, an educator working in Mongolia.

Whether you joined us for the live session and want to rewatch, or are tuning in for the first time, we invite you to stream the retreat at [uccsda.org/womensretreat](https://uccsda.org/womensretreat).

## **Camp MiVoden Registration Now Open**

Would you like to be in the great outdoors of the Inland Northwest and get to know Jesus and build a relationship with Him or strengthen your relationship with Him? We have an amazing program planned for next summer at Camp MiVoden. Our week schedule is going back to a 7 day week for our summer camps. Several of our camps are filling up, but we still have some space in our youth camps. Spaces will not last long in our Ultimate Camps. Please visit [www.mivoden.com](http://www.mivoden.com) and register today for our 2022 summer camps. If you have any questions please email [registration@mivoden.com](mailto:registration@mivoden.com).

## **Keeping the financial health of our church in mind ~ Giving Plan**

How your local church budget fits into "My Personal Giving Plan"

Like every family, the local church family has financial obligations to meet. Some are easy to see like power and heat, but many are not so obvious: children's magazines, Sabbath School Bible study guides, teaching supplies, staff salaries, cleaning services, church school operating expenses, property insurance, worthy student fund, and community outreach. These are but a few of the costs that must be met month after month as the local church seeks to be a light in the community. Because these expenses are constant, My Personal Giving Plan recommends that 3-5% of one's income be set aside for the local church budget. This systematic giving ensures that all share both in the blessings and the responsibilities of the local congregation.

The North American Division encourages the use of the "My Personal Giving Plan." This plan was developed as a guideline to assist members in systematic giving. The plan suggests that, in addition to returning 10% of a member's personal income as tithe, certain percentages may be dedicated as offerings to three main categories:

- Local Church Budget: 3-5%
- Conference Advance: 1-2%  
(Education, evangelism, VBS, summer camps, and union magazines)
- World Budget: 1-3%

\*Visit [www.personalgivingplan.com](http://www.personalgivingplan.com) to see a more extensive breakdown for each category.

**READ THE LATEST NORTHWEST ADVENTIST NEWS** at [www.gleaner.com](http://www.gleaner.com) Subscribe to *GLEANERWEEKLY*, the Northwest's weekly eNewsletter, at <http://www.gleanerweekly.com>

### **MORE NEWS**

[UCC News](#)

[North Pacific Union GleanerNow](#)

[North American Division NewsPoints](#)

[Adventist News Network News](#)

**Northwest Adventist:** [connect.nwadventist.com](http://connect.nwadventist.com)

Subscribe to free electronic subscriptions with news about each conference of your interests.

## ***Pacific Northwest Camp Meetings***

### **Cowboy Camp Meeting Final Round-Up — May 22**

After 36 years of trail dust, gospel music and great fun a Fourth of July tradition in the Northwest is coming to an end. Cowboy Camp Meeting started out along the Tucannon River near Dayton, Washington, in the summer of 1984, however forced cancellations from COVID in 2020 and excessive heat in 2021 spelled the end of an era. All are invited to the final Round-up on May 22 at the

Hermiston Oregon Seventh-day Adventist Church fellowship hall. Registration will open at 10:30 a.m. For more information about Cowboy Camp Meeting or the final round-up, please visit [news.uccsda.org/cowboy422](https://news.uccsda.org/cowboy422).

### **UCC Camp Meeting June 16 – 18, 2022**

Upper Columbia Conference camp meeting 2022, "His Soon Return: Getting Serious About the Second Coming," will be held at Spokane Valley Church from June 16-18. John Bradshaw, president and speaker of It Is Written, and David Jamieson, UCC president, are the main speakers. The King's Heralds will present a Sabbath evening concert also. All programs will be in-person, but will also be livestreamed for those unable to attend. As plans are finalized, information will be posted at [uccsda.org/campmeeting](https://uccsda.org/campmeeting)

### **Idaho Conference Camp Meeting, June 14 – 18, 2022**

Join the folks of Idaho at Gem State Adventist Academy for their regional camp meeting. Featured speakers include: Dr. Darold Bigger and Shawn Boonstra. For additional information visit: <https://www.idahoadventist.org/departments/administration/camp-meeting-2022>

### **Oregon Conference Gladstone Camp Meeting July 19 -23, 2022**

The Oregon Conference is excited to be planning to welcome back all guests for Gladstone Camp Meeting this summer. Speakers include Kevin Wilfley, Randy Maxwell, Richie Halversen, Roscoe Shields Jnr, and David Meinz. Reservations can be made at: <https://www.oregonadventist.org/campsite-reservations>

### **Sheridan Meadows Camp Meeting 2022 — July 26-30**

Northeast Washington Camp Meeting will be held on July 26-30, 2022 at the Sheridan Meadows SDA Retreat Center. The keynote speaker is Anil Kanda. Other speakers include Jay Gallimore, Vicki Griffin, Greg Griffiths (sic), Howard Tello, Anthony Burrell, and UCC president David Jamieson. For more information, please visit [newacampmeeting.com](https://newacampmeeting.com).

### **Washington Conference ~ Camp Meeting Alternatives**

#### **Area Convocation Schedule**

- June 4 - Hispanic Convocation | Green River Community College + Hybrid
- August 26-28 - Young Adult Convocation | Sunset Lake Camp
- September 2-3 - South Sound Convocation | Sunset Lake Camp
- September 9-10 - Peninsula Convocation | Bremerton ~Keynote speaker: Dr. David Smith
- September 16-17 - North Peninsula Convocation | Sequim ~Keynote speaker: Dr. David Smith
- October 7-9 - Southwest Convocation | Olympia ~Keynote speaker: Pavel Goia
- October 22 - Northwest Convocation | Burlington

For more on the Washington Conference see: <https://www.washingtonconference.org/inspiration/convocations-2022>

## ***North Pacific Union Conference***

### **NPUC Convocation — May 13-14**

The North Pacific Union is hosting their 46th annual Convocation on May 13–14. This year's event will be held in person at the Oregon Conference Convention Center in Gladstone, Oregon. To learn more and to register, please visit [news.uccsda.org/Convocation522](https://news.uccsda.org/Convocation522).

## ***North American Division***

### **GC Session Virtual Exhibition Experience — June 6-11**

Register now for the first-ever virtual exhibition experience as part of the June 6-11, 2022 General Conference session! It will offer you unique insights into the global church and an opportunity to connect with international people and ministries, explore the virtual exhibition hall, visit hundreds of



booths, and much more! For additional information and to register, please visit [news.uccsda.org/GC522](https://news.uccsda.org/GC522).

### **Register Now for NPUC Pathfinder Camporee**

Registration is now open for the NPUC Pathfinder Camporee in Kalispell, Montana, on September 21-25, 2022. "Our camporee theme is 'Let's Go,'" said Rob Lang, NPUC Pathfinder director. "It's time to start again, it's time to go and explore God's creation, it's time to go and serve and to make a difference in our communities, and it's time to go and share God's love." For more information, and to register, please visit [news.uccsda.org/NPUCCamporee](https://news.uccsda.org/NPUCCamporee).

### **Flourish: Wellness Weekend for Women - May 13-15**

Flourish is a weekend event sponsored by Summit Northwest Ministries for women who are looking to do more than just survive. Join in for a weekend focused on complete health and wellness for your mind, body and soul. The focus of the weekend will be creating time and space for God to speak to your heart, heal your soul, renew your spirit, restore your strength, and remind you that you are loved. For more information and to register, visit [news.uccsda.org/flourish322](https://news.uccsda.org/flourish322).

### **Donations in Support of Ukraine**

The General Conference is currently collecting funds to address the needs of our brothers and sisters in Ukraine. An offering code specific for ADRA assistance to Ukraine is being set up, but is not yet available. Members can directly donate to ADRA through the website at [www.adra.org](http://www.adra.org).

### **Adventist Development and Relief Agency (ADRA) Assists Ukrainian Families**

The Adventist Development and Relief Agency (ADRA) is scaling-up operations to deploy humanitarian assistance for children and families displaced by the war in Ukraine. The relief agency has launched a fundraising campaign to strengthen programs for refugees from Ukraine and other global communities. Read more at [news.uccsda.org/ADRA322](https://news.uccsda.org/ADRA322)

### **Ukrainian Adventists Help World War II Survivor and 30 Orphans**

Ukrainian Adventists, supported by an Adventist Mission emergency fund that has raised more than \$111,500 in recent weeks, have provided meals, lodging, trips to safety, and hope to thousands of people since armed conflict erupted on February 24. Among those receiving assistance are a 94-year-old woman who fled German troops in World War II, and a mother with 30 orphans in tow. To read more, visit [news.uccsda.org/ukraine522](https://news.uccsda.org/ukraine522).

## Prayer Time ~ Cherishing People ~ "Pray for one another."

We are inviting you to pray for members and friends of our church family each day. Please keep this in a place that will make it easy for you to remember to pray for one another.

"... we do not make requests of *You* because we are righteous, but because of *Your* great mercy. *O Lord listen! O Lord forgive! O Lord hear and act!*"

(Daniel 9:18 & 19. NIV)

### Anonymous:

*Do you have an anonymous prayer request? Please state it via email to the church office. We will share it here anonymously for the body to provide prayer support!*

### Requests: - What are your prayer requests?

**Prayers for all of our Health Care providers in our fellowship that they may be protected from viral and bacterial infections which are contagious.**

*Seth A., Evon A., Kristy B., Jen B., Rachel B., Cal B., Jamie C., Stephanie C., Jen D., Guy E., Heidi E., Rod F., Debbie H., Daniel H., Dr. Gilly I., Tammy J., Susan M., Julie S., Toby S., Nancy R., Carolynn V., Sherry W.,*

Jay M. – Prayers for health challenges

Connie R. – Please continue to keep her and Randy in your prayers.

Prayers for our members who serve our community on either Fire or Police Departments

Please remember to check on our older members that you know who are no longer able to come to church. Please call them or visit. Thank you!

Rachelle H. – Prayers as she is fighting a severe virus.

Brian St C. – prayers requested as he rehabs from a recent knee surgery.

Dan M. – appreciates your prayers for him.

Holly J. - Prayers as she continues the fight against cancer.

MaryJane S. – pain relief as she waits for a knee replacement surgery

Debbie S – continued health & strength

"D" U. – recent diagnosis of terminal Liver Cancer – prayers please. Cards & calls appreciated.

"D" has moved to Vancouver, WA where she will be closer to her son. We will up date you with an address when available. Her phone number should remain the same.

"D" Underwood – continues to be thankful for your continued prayers for her daughter & son

Megan E.'s - continued prayers for her parents

Stan's friend Bruce K. - Prostate Cancer, prayers for strength and healing

Tami J. – Continues to ask for your prayers as she struggles and praises for successes in Christ

### In Military Service - Continual Prayer for those serving

Diane U. – Grandson in the Marines

Paul D. – Army Reserves

Evon A.'s daughter; Anna Harris ~ Navy

Seth A. – Air Force Reserves

### Praises:

**What do you have on your heart that you would like to share as Praise to the Lord!?!?**

*We encourage you to use the Yellow Communication Card in the pew pockets to express your Praises as well as your prayer requests. It also includes a space to request a visit from the Pastor and/or elder team.*

*When you share, we can all celebrate your blessings and needs!*