Welcome to Eastgate SDA Church! A message from Pastor Eric Sayler

When I was a kid my parents had a huge freshwater aquarium in which they had a multitude of fish. At different times they had Plecostomus (algae eating catfish), various Tetras, Angelfish, Mollys, an Archerfish (that was a cool one), and tons of other amazing aquatic animals. It was always fun to watch the little ecosystem work as the different types of creatures and the microbiome created a beautiful, stable ecosystem into which we only had to insert quality food.

Now, as you're probably aware, animals have been a part of my life from the time I was born. Dogs, cats, rodents, birds, goats, horses... all of them are amazing, trainable, and intelligent... but probably one the most intelligent animals I've ever interacted with would be one of my parent's fish: an Oscar. Let me describe it for you if you're not sure what I'm talking about. An Oscar is a large fish with striking red and black markings on its scales, large eyes and big mouth.

My opinion of the Oscar's intelligence doesn't come from training, though training a fish is easier than you might think. My conclusion comes from how it interacted with us. It intentionally drew our attention, engaged us in interaction, and communicated with body language. Just looking in its eyes I knew it was thinking, processing, and aware, even self-aware. If it could have spoken I think it would have been able to be coherent at some level.

Intelligent animals are found in scripture, too. We think of Balaam's donkey, the Ravens that fed Elijah, and an ant colony that works hard.

But there's another animal, at the beginning of scripture, that Moses called "more crafty than any other wild animal..."

This Sabbath we're going to study the story of this animal and learn somethings about us and God through this story.

I hope you can join in!

As always you can worship in person or <u>online</u>. If joining on <u>YouTube</u> your best audio experience will be through a computer or TV, though a mobile device works too.

May this Sabbath bring rest and rejuvenation!

~Pastor Eric

This Weekend: March 19, 2022: Pastor Eric Sayler; Next Weekend: March 26, 2022: Pastor Eric Sayler

Week At A Glance

Sabbath, March 26, 2022

9:00am – 10:00 Every Man A Warrior; Men's Class

10:00am – 11:00am Sabbath School Study

11:15am – 12:15pm Worship Service; Pastor Eric Sayler

Following Worship Service Potluck: Please bring Salads, Entrées, Vegetables or Desserts

to feed at least eight people ~ Thank you!

Sunday, March 27 8:00am Men's Ministry Breakfast

Tuesday, March 29 7:00pm Visitation Team Meeting – Fellowship Room Wednesday, March 30 6:30pm Our Weekly Prayer Meeting – Fellowship Room

Thursday, March 31 7:00pm Youth Gathering – Fellowship Room Sabbath, April 2 11:15am – 12:15pm Sabbath Service

4:00pm Pray for Ukraine – Fellowship Room, soup & salad potluck to follow

Eastgate SDA Church Service this Week

Worship Service 11:15am 03-26-2022 Link to: ~ Eastgate Church: YouTube

Gathering Song Praise Team
Community Life Kristy Bartlett

Kids Korner

Children's Song Praise Team
Children's Story Matt Davy
Songs of Praise & Worship Prayer Kristy Bartlett

God's Word Pastor Eric Sayler

Sermon Title: Creation Series: "A Tale of Two Temptations"

Scripture: Genesis 3:1

Song of Response Praise Team
Benediction Kristy Bartlett

Worship Team today

Lead Elder: Kristy Bartlett

Praise Team Leader: Jimmy Schultz & Friends

Pianist:

Greeters: Brian & Liana St Clair

Lead Deacon: Seth Alford Lead Deaconess: Brenda Arriola

AV Team: Ryan Daniels & Bob Daniels

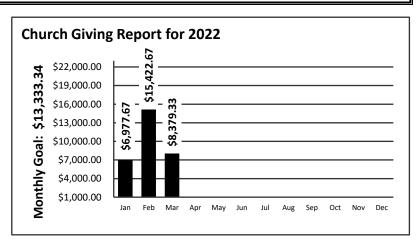
Live Streaming:

Financial Report	RECEIVED	GOAL	<u>NEED</u>
Student Aid goal for 2021-22	\$ 20,046.16	\$16,900.00	\$(3,146.16)
HVAC Up-grades	\$ 24,618.63	\$55,000.00	Phase 1, 2 &3

March 26, 2022. Upper Columbia Conference Advance

Appeal: Philippians 4:19 "And my God will meet all your needs according to the riches of his glory in Christ Jesus."

The Unlimited Provider. We worship God because He is the limitless Provider. One day Abraham had a conversation with God during which God informed him about the son that he would soon have through Sarah and the



blessing that would rest upon this second son. Perplexed, Abraham pleaded with God, Genesis 17:18, "If only Ishmael might live under your blessing!" This conversation between God and Abraham teaches the important truth about divine abundance. Abraham was troubled that if the blessing would go to his second son, Isaac, there won't be any blessings left for Ishmael. God reassured Abraham that He has enough blessings for both and everyone. He is the unlimited Provider.

The belief in the scarcity of God's blessings has led some to function in strange ways. Here are some common scenarios of this mindset: "If someone else receives, I cannot receive, or I may receive

less." This conviction creates a spirit of jealousy, brutal competition, and animosity. Another scenario: "If I give or share, less will be left or available for me. I'm losing what I have." This curtails generosity and fosters selfishness. However, these are false assumptions that ignore the reality of divine abundance. It is unhealthy to reason from the perspective of finite human beings and forget the Provider who is an infinite God. In Him we are not empty, even if we happen to give away everything.

Do you know that God has a full reserve of untapped blessings for each of us? This week, let us show through our tithe and regular offerings that we believe in divine abundance!

Prayer: Lord, we praise You for being an unlimited God who provides for us according to Your great riches. Increase our faith and help us to have a clearer picture of who You are.

Eastgate Church News & Events

Visitation Team Meeting – Tuesday evening, March 29 at 7:00pm

We need people who will care for others with a visit or call. God is calling you.

Tuesday evening, 7 pm in the Library we are meeting to plan and learn how to visit members who are unable to attend worship services regularly, or members who need encouragement. Anyone who is interested in sharing joy and Jesus' love with others, please come. If you want more information contact Carol Hargreaves 509-200-0587, text or call. Email: 1sweetmamah@gmail.com.

JOIN THE LIVE-STREAMING TEAM !! Assistance Requested

Brian Hartman who leads the Live-Streaming Team is looking for one or two more individuals who would be willing to learn and assist in the ministry of our On-line Worship Service. There are those who use our YouTube as an option for viewing for a variety of reasons. We need to expand the team and he would be happy to speak to anyone who might be interested. Contact Brian at hartmaninbox@gmail.com or 509-240-6607 text or voice call.

Mother's Room ~ Small Child Space for Fathers

Our Mother's Room is a space for new mothers where they can care for the needs of their infants and toddlers and still be able to engage with and follow along with the worship process in the main sanctuary.

Fathers who may need to take their turn at caring for their young ones should be aware of a multiuse space in what we call our library. There are a couple of rocking chairs for calming little ones who may need to be snuggled. This room is also a transition room where training of littles ones can take place as needed. This room will continue to be a multi-function room where committees and small groups can meet during the week and during Sabbath school time.

Please bring your own quiet toys for your child.

Face to Face Weekly Prayer Meeting in the Church Youth Room!

This group meets every Wednesday Evening at 6:30. Please join us as we experience the power of the Holy Spirit being poured out on our church. "There is great need of secret prayer, but there is also need that several Christians meet together and unite with earnestness their petitions to God." – *In Heavenly Places*, p. 91. Questions? Please call Carol at 509-200-0587 or Dixie at 509-301-2827.

EASTGATE SDA WEBSITE! - https://www.eastgatesda.org

~ Sermon Archives ~ Bulletin Library ~ our weekly e-NewsLetter ~ Events Calendar ~ Offerings

EASTGATE SDA CHURCH ON YOUTUBE

YouTube: Eastgate Church ~ Our Church Service is now being broadcast on YouTube at the following Link: <u>Eastgate Church</u> or type out the address shown below. Thank you for subscribing! https://www.youtube.com/channel/UCpi0ESiTQNVM7uw9dcRxUHQ

EASTGATE SDA ON FACEBOOK Like and follow our page on FB!

https://www.facebook.com/Eastgate-SDA-Church-206126468203 Eastgate SDA Church



Small Group Ministries

Pastor/Chaplain Luke Self has been making announcements regarding a new ministry here at Eastgate ~ Small Groups.

These groups will be based on the *Semester system* ~ approximately 12 weeks in length. They will form around a group of people with *Shared Interest*. They will have a *Social* element. If you are interested in leading a group and want more information regarding this please contact him at 503-312-4355 or email to luke.self@gmail.com.

Weight Loss Sauce – first small group

Announcing the first group which will be presented by Dr. Gily Ionescu. The dates can be seen on our events calendar at the church website: eastgatesda.org > events should you need a reminder. They are as follows: April 4, 11, 25, May 9, 23, June 6. Two additional dates are still to be confirmed. You don't know what a QR Code is? Don't know how to use it? An alternative method to register would be to go to the website: https://tinyurl.com/2p989a7z and register there.

School News & Children's Ministry Items

Children's Ministries presents an AGAPE' Feast & Children's Communion

Agape Feast and Children's Communion at church on April 8. Sharing a meal and pointing our children to Jesus and His great love for us. There will be food to share, stories of Jesus and His disciples and what communion is all about. Then a special communion for all in attendance.

Tips on How to Talk to Children About the War in Ukraine

Children are asking about this war. How does one talk to their child about such a dreadful global event? Read the full story at news.uccsda.org/children322.

Milton-Stateline Adventist School

Visitation Day is April 22 from 10:00am – 12 Noon. Registration for our 22/23 school year opens in April for new and returning students. For additional information please call us at 541-938-7131 or the school secretary, Becky Rae at raebe@miltonstateline.org or Jeanne Goodhew at goodje@miltonstateline.org

Milton-Stateline Adventist School – School Fair; Coming Sunday, April 24

The school will return to hosting their annual School Fair on this day. This is an opportunity to visit the school and see some of the changes they have completed over the past year. This is also a fund-raising opportunity for classrooms, Student Aid and the overall school. We will post additional information as it become available. Traditional times are afternoon and early evening.

<u>Rogers Adventist School Registration</u> is open March 1, for the 2022-2023 School year! Current students who finish registration are guaranteed a seat in classrooms until March 31. New students may

start the application process by going to <u>Rschool.org</u>. If you are have any questions, or would like a tour of our school, please contact us at 529-1850 or email Cindy McCrery <u>cindy.mccrery@rogersschool.org</u>

Collegiate & Young Adults

Sabbath Morning Bible Study

This group is a vibrant collection of 20 - 40 ish believers who are currently studying II Samuel as they study the life of David. To join this group and be in the know of how to meet, visit classroom 115 or call Josh Boram (541) 870-4661 or Mary Castrejon at (360) 349-7126.

Men's Ministry

Each Sabbath Morning: Every Man A Warrior; Helping Men Succeed in Life Please Meet Room 145 every Sabbath ~ 9:00 AM

Every Sabbath a group of Eastgate Men continue a special Sabbath Morning study group – yes, for men only. The *Every Man a Warrior* guide book. It is designed specifically to deal with the issues that men face and need to succeed in. It has been used with men of all ages from teens to men in their 70s. Toby Slater will lead in studying and share the role with others as they progress.

Sunday, March 27 at 8:00am ~ Men's Ministry Breakfast

Remember to come and participate in some singing, a devotional thought and breakfast! See you there!

Walla Walla Valley SDA News

Pathfinders ~ Waiilatpu Club

Twice a year, we partner with Bahnmiller Farms to bring you excellent fresh frozen fruit. Proceeds from these sales will go towards replacing old equipment such as our 1986 MCI Bus, tents and chairs. We are also in the process of raising funds for the next International Camporee to be held in Gillette, WY in 2024.

Due to limited supply, Bahnmiller Farms is unable to provide Marionberries this year. We apologize for the inconvenience. We thank you for your support. Donations welcome.

We are accepting orders online at https://tinyurl.com/WaiilatpuFruitSpring2022. Please make sure to fill out the order completely so that if there are any questions we can easily contact you. If you have any questions feel free to contact us at www.waiilatpupathfinders2@gmail.com or text or call. Thank you so much for your support!

Debbie Forsyth; Waiilatpu Pathfinder Secretary

Christian Aid Center Seeking Volunteer Assistance!

Here are the latest volunteer opportunities at the Christian Aid Center:

- --Breakfast Cooks are needed in our community kitchen. We currently have two shifts available: Mondays from 6:00 to 7:45 am, and every other Wednesday from 6:00 to 7:45 am. Professional cooking skills not required.
- --Registered Nurses to help in our Health & Wellness Center.
- --Receptionist in our Women & Children's Shelter on Tuesday afternoons.

For more information, contact Jeannette Regalado, Community Engagement Director at (509) 525-7153 ext. 114. You can also fill out an application at <u>christianaidcenter.org</u>.

ARW Event (Adventist Retired Workers)

<u>Presenter</u>: Roman Hintz, an avid traveler and an interesting, well-known presenter. <u>Musical Presentations</u>: Arlo Heinrich, Pianist. <u>Time</u>: 2:00 - 4:00pm, April 3, 2022. <u>Place</u>: SonBridge Education Center, 1200 SE 12 Street, College Place, WA. Dinner reservations are no longer available.

Upper Columbia Conference of SDA News

The Dream of Ukraine

Volody Nesteruk stood before his congregation at Linwood Adventist Church in Spokane, Washington, on February 26, 2022. As he explained the current situation in Ukraine, his voice started to crack and his eyes began to water. *To read his story, go to news.uccsda.org/ukraine322*

Donations in Support of Ukraine

The General Conference is currently collecting funds to address the needs of our brothers and sisters in Ukraine. An offering code specific for ADRA assistance to Ukraine is being set up, but is not yet available. Members can directly donate to ADRA through the website at www.adra.org.

Crowds Flock to Adventist Churches for Safety in Ukraine

Adventist Mission is preparing emergency funds to help Seventh-day Adventist churches in Ukraine care for hundreds of displaced people flocking to their premises for food, shelter, and transportation to safety. Ukrainian churches have been inundated with 50–100 people arriving at individual churches every night for help. Church members are handing out food, providing shelter, and giving people rides from hot spots to safe places or the border. Read more and learn how you can help at news.uccsda.org/SDAchurch322

Adventist Development and Relief Agency (ADRA) Assists Ukrainian Families

The Adventist Development and Relief Agency (ADRA) is scaling-up operations to deploy humanitarian assistance for children and families displaced by the war in Ukraine. The relief agency has launched a fundraising campaign to strengthen programs for refugees from Ukraine and other global communities. Read more at news.uccsda.org/ADRA322.

RE/STORED Virtual Health & Wellness Summit — March 31-April 3

The North American Division Health Ministries is hosting a Mental Health & Wellness Summit. The online, virtual summit will include more than 20 hours of programming from March 31 through April 3. To learn more or to register, visit news.uccsda.org/restored222.

Equipping for Service: Walla Walla — April 8-9

SEE PAGEs 9 and 10

Save the Date for 2022 Spring Women's and Young Women's Virtual Retreat

The 2022 Spring Women's and Young Women's Virtual Retreat is scheduled for Sabbath, April 30. Guest speaker will be Lindsey Haffner from Redlands, California and guest musician, Roxane Nkomo from York, England.

AMEN Northwest Conference — **Registration Now Open**

Registration for the AMEN Northwest Conference is now open! The conference, titled "Building on the Basics," will be held at the UCC office on March 11-13, 2022. For more information and to register, visit uccsda.org/amenconference.

Free Youth Week of Prayer Resources

"All the Way Up!" is a free Youth Week of Prayer series created by the North American Division Youth Ministries Department. The theme verse is Colossians 3:2, "Let heaven fill your thoughts; don't spend your time worrying about things down here." This series is set up so local churches can access the sermons and share them with the young people who sign up to preach each night of the week. To download the free sermons and PowerPoint slides, please visit news.uccsda.org/youthWOP322.

March/April Issue of the *Gleaner* Available Online

The women you'll meet in this issue come from several states and varied backgrounds. Despite their differences, they share one thing in common. Their stories shed light on this common thread and bring

encouragement for our personal efforts for Christ. Read online at news.uccsda.org/NWAdventists322.

Camp MiVoden Registration Now Open

Would you like to be in the great outdoors of the Inland Northwest and get to know Jesus and build a relationship with Him or strengthen your relationship with Him? We have an amazing program planned for next summer at Camp MiVoden. Our week schedule is going back to a 7 day week for our summer camps. Several of our camps are filling up, but we still have some space in our youth camps. Spaces will not last long in our Ultimate Camps. Please visit www.mivoden.com and register today for our 2022 summer camps. If you have any questions please email registration@mivoden.com.

Camp Meeting 2022 Announced

Upper Columbia Conference camp meeting 2022, *His Soon Return: Getting Serious About the Second Coming*, will be held at Spokane Valley Church from June 16-18. John Bradshaw, president and speaker of *It Is Written*, and David Jamieson, UCC president, are the main speakers. The King's Heralds will present a Sabbath evening concert also. This event will be a hybrid event, with programming in-person and livestreamed. As plans are finalized, information will be posted at uccsda.org/campmeeting.

Sheridan Meadows Camp Meeting 2022 — July 26-30

Northeast Washington Camp Meeting will be held on July 26-30, 2022 at the Sheridan Meadows SDA Retreat Center. The keynote speaker is Anil Kanda. Other speakers include Jay Gallimore, Vicki Griffin, Greg Griffitts, Howard Tello, Anthony Burrell, and UCC president David Jamieson. For more information, please visit newacampmeeting.com.

Upper Columbia Conference Advance

(Addresses needs throughout the UCC Conference)

Church and School	36%
Elementary Schools	27%
Evangelism	24%
Worthy Student	7%
Literature Evangelism	3%
Youth Programs	3%

World Budget Offering

The Seventh-day Adventist Church is a worldwide church. And the world budget is our contribution to this global mission. Historically, it has been the privilege and duty of the materially blessed members in developed nations to plant seeds of growth in poorer regions of the world.

Weekly Sabbath School	57.00%
13 th Sabbath	16.00%
Walla Walla University	5.00%
Birthday Thank Offering	4.00%
Annual Sacrifice	4.00%
Television Ministries	3.00%
Voice of Prophecy	3.00%
Disaster & Famine Relief	1.75%
Fall Mission Emphasis	1.00%
Adventist World Radio	0.375%
Christian Record Services	0.75%
Adventist Community Service	0.75%
Oakwood College	0.75%

Spring Mission Emphasis	0.75%
Chaplaincy Ministries	0.375%
Multi-Lingual Ministries	0.375%
Loma Linda University	0.375%
Andrews University	0.375%
HOPE Channel International	0.375%

<u>DO YOU REMEMBER 13TH SABBATH OFFERINGS?</u> HAS IT BEEN AWHILE SINCE YOU HEARD ABOUT THEM?

Where Do My 13th-Sabbath Offerings Go?

You've heard how everyone in an Amish community comes together for a barn raising. Well, Seventh-day Adventists also have projects where we all pitch in to accomplish a goal. That is the purpose of the 13th-Sabbath offering. Every 13th Sabbath, the church focuses on one of its world divisions to accomplish a mission goal. Often, the offering goes toward constructing a building that will be used for education, evangelism, or media outreach. The 13th-Sabbath offerings have been used to establish schools such as Central Philippine Adventist College. A recent offering made a youth camp possible in Belize. All the church members around the world join hands on these projects through sacrificial giving. In 1913, the 13th-Sabbath overflow amounted to 474 dollars. Now, it exceeds a quarter-million dollars. We call it an overflow offering because it encourages extra giving beyond the usual mission offering. In practice, 25 percent of the 13th-Sabbath offering is considered overflow. The rest is more broadly distributed to continue mission work around the globe. Also, you can give a 13th-Sabbath offering anytime by marking it on your tithe envelope. Do you want to be part of something big? You'll be part of a worldwide community expanding Adventist mission work when you give to the 13th-Sabbath offering. Remember: Our giving funds the mission to finish the work.

Thirteenth-Sabbath Offerings for 2022

1st Quarter (March 26): Southern Asia-Pacific Division (SSD)

2nd Quarter (June 25): Southern Africa-Indian Ocean Division (SID)

3rd Quarter (September 24): South American Division (SAD)

4th Quarter (December 31): South Pacific Division (SPD)

Current Quarter: ~Southern Asia-Pacific Division

The Thirteenth Sabbath Offering this quarter will help to open:

- ✓ Health center in northern Pakistan
- ✓ Elementary school in Luang Namtha, Laos
- ✓ Children's learning center in Long Thanh, Vietnam
- ✓ Student dormitory at Timor-Leste Adventist International School in Dili, Timor-Leste

Keeping the financial health of our church in mind ~ Giving Plan

How your local church budget fits into "My Personal Giving Plan"

Like every family, the local church family has financial obligations to meet. Some are easy to see like power and heat, but many are not so obvious: children's magazines, Sabbath School Bible study guides, teaching supplies, staff salaries, cleaning services, church school operating expenses, property insurance, worthy student fund, and community outreach. These are but a few of the costs that must be met month after month as the local church seeks to be a light in the community. Because these expenses are constant, My Personal Giving Plan recommends that 3-5% of one's income be set aside for the local church budget. This systematic giving ensures that all share both in the blessings and the responsibilities of the local congregation.

The North American Division encourages the use of the "My Personal Giving Plan." This plan was developed as a guideline to assist members in systematic giving. The plan suggests that, in addition to

returning 10% of a member's personal income as tithe, certain percentages may be dedicated as offerings to three main categories:

• Local Church Budget: 3-5%

• Conference Advance: 1-2%

(Education, evangelism, VBS, summer camps, and union magazines)

• World Budget: 1-3%

READ THE LATEST NORTHWEST ADVENTIST NEWS at www.gleanernow.com Subscribe to GLEANERWEEKLY, the Northwest's weekly eNewsletter, at http://www.gleanerweekly.com

MORE NEWSUCC NewsNorth Pacific Union GleanerNowNorth American Division NewsPointsAdventist News Network News

Northwest Adventist: connect.nwadventist.com

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<u>Upper Columbia Academy Alumni Homecoming Weekend - April 1-2</u>

You are invited to join your classmates at UCA for Alumni Homecoming Weekend. The weekend will begin with vespers on Friday evening, April 1. Sabbath School and Church on April 2 will be followed by a complimentary haystack lunch and honor class reunions and photos in the afternoon. Please visit www.ucaa.org for more details about weekend events. For more information, contact krista.phillips@ucaa.org.

EQUIPPING FOR SERVICE – WORKSHOP presented by the UCC at WWU April 8 & 9 Hello Friends.

I hope today finds you blessed and well. We are looking forward to being with you in just a few short weeks for our upcoming Equipping for Service weekend April 9th at the Walla Walla University Campus. I wanted to share a bit more detail than what is in the flyers. I hope it will be helpful in planning.

Overview of the weekend schedule

7:00pm Friday night there will be vespers with Elder Jamieson in the **Fine Arts Center** on WWU campus.

Sabbath Morning will be church as normal in your local churches with a member of our Upper Columbia Conference Office team speaking. It is an honor for us to be able to come fellowship with you in your home churches. It would be wonderful if your churches could have a fellowship meal so there is more time to well 'fellowship' and get to know each other better.

Sabbath Afternoon Seminars: We will have 7 seminar options to choose from. (Listed below and in the attached PDF) Each seminar will be presented twice so you can attend more than one seminar.

3:00pm Sabbath Fine Arts Center Orientation: This will be an overview of afternoon and evening program, description of seminars by presenters and directions to seminar locations.

3:30pm First Seminar Session

4:50pm Second Seminar Session

6:15pm Supper WWU church fellowship Hall

7:00pm Vespers Fine Arts Center

7:40pm Conference update Fine Arts Center

Tentative Seminar Locations will be as follows: Basic seminar descriptions can be found the Bulletin Insert for Sabbath April and also found on the Foyer Table on March 26.

Fine Arts Center Susan Smith, PhD, Mental Health and Caring Communities MSW, LCSW			Mental Health and Caring Communities
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^{*}Visit www.personalgivingplan.com to see a more extensive breakdown for each category.

Heubach Chapel	Jeff Wines	Journeying With
WWU Church Junior High	Eric Brown	Ministry Inside Out: Reaching Out the Natural Way
WWU Church Primary 1	Stephen Farr	House of Prayer
WWU Church Primary 2	Mr. & Ms McCrary	Telling Stories that Grab the Imagination and Touch the Heart
WWU Church Juniors	Cindy Williams	Do What Matters
WWU Church Youth Room	Troy Fitzgerald	The Change That You Won't Find in Your Couch

Please do not hesitate to contact me if you have any questions.

Abundant Blessings,

Jeremy McCombs

Church Ministries and Discipleship Director

<u>Full Color Brochures are available in the church foyer on the table and as bulleting inserts.</u>

North American Division

NPUC Men's Ministry Training Event - April 29 - May 1

The NPUC is sponsoring a Men's Ministry training event on April 29-May 1, 2022 at the North Pacific Union Conference office. This seminar will be held in both English and Spanish. For more information and to find the link to register, please visit news.uccsda.org/npuc322.

Flourish: Wellness Weekend for Women - May 13-15

Flourish is a weekend event sponsored by Summit Northwest Ministries for women who are looking to do more than just survive. Join in for a weekend focused on complete health and wellness for your mind, body and soul. The focus of the weekend will be creating time and space for God to speak to your heart, heal your soul, renew your spirit, restore your strength, and remind you that you are loved. For more information and to register, visit news,uccsda.org/flourish322.

Compassion Without Limits — How Adventists in Poland are Assisting

The Adventist Church in Poland is offering its help to Ukrainian refugees. The Adventist community of about 6,000 has prepared more than 1,200 shelters on church properties and in private homes. Read the full story at news.uccsda.org/compassion322

Loma Linda University Series Life on the Line Season Six Available to Stream Free

The sixth season of the documentary TV series *Life on the Line* is now available to stream online through PBS, bringing some of the unseen stories of the pandemic into focus, spotlighting the hospitals of Loma Linda University Health. To learn more and locate the link to watch, visit news.uccsda.org/LLU322.

Food and Mood: What We Eat Affects How We Feel

Depression rates among adults in the U.S. have tripled from a pre-pandemic rate of 8.5 percent to 32.8 percent. What are the contributing factors? Has the pandemic affected eating habits? Is there a biblical connection between lifestyle choices and mental health? The North American Division Heath Ministries' Joy of Eating Club discusses all this and more at news.uccsda.org/FoodMood122.

Prayer 7ime ~ Cherishing People ~ "Pray for one another."

We are inviting you to pray for members and friends of our church family each day. Please keep this in a place that will make it easy for you to remember to pray for one another.

"... we do not make requests of *You* because we are righteous, but because of *Your* great mercy. O Lord listen! O Lord forgive! O Lord hear and act!"

(Daniel 9:18 & 19. NIV)

Anonymous:

Do you have an anonymous prayer request? Please state it via email to the church office. We will share it here anonymously for the body to provide prayer support!

Requests: - What are your prayer requests?

Prayers for all of our Health Care providers in our fellowship that they may be protected from infection from COVID-19

Seth A., Evon A., Kristy B., Jen B., Rachel B., Cal B., Jamie C., Stephanie C., Jen D., Guy E., Heidi E., Rod F., Debbie H., Daniel H., Dr. Gilly I., Tammy J., Susan M., Julie S., Toby S., Nancy R., Carolynn V., Sherry W.,

Religious Liberty Campaign until March 31, 2022

Jay M. – Prayers for health challenges

Connie R. – Please continue to keep her and Randy in your prayers.

Prayers for our members who serve our community on either Fire or Police Departments

Prayers requested for several members who are currently experiencing the effects of winter viruses, colds, flu and COVID. We ask that you continue to reach out to fellow members checking on their physical, mental and spiritual well-being.

"D" U. – recent health challenges – prayers please

Dick Pyke – Medical concerns

Dan M. – appreciates your prayers for him.

Holly J. - Prayers as she continues the fight against cancer.

MaryJane S. – pain relief as she waits for a knee replacement surgery

Debbie S – continued health & strength

"D" Underwood – continues to be thankful for your continued prayers for her daughter & son Megan E.'s - continued prayers for her parents

Stan's friend Bruce K. - Prostate Cancer, prayers for healing

Tami J. – Continues to ask for your prayers as she struggles and praises for successes in Christ

Bernice – Pancreatic Cancer

David H. – Congestive Heart Failure

Cheryl – a friend of Lisa R. – Heart issues and concerns

In Military Service - Continual Prayer for those serving

Diane U. – Grandson in the Marines

Paul D. – Army Reserves

Evon A.'s daughter; Anna Harris ~ Navy

Seth A. – Air Force Reserves

Praises:

What do you have on your heart that you would like to share as Praise to the Lord!?!?

Use the Yellow Communication Card in the pew pockets to communicate Prayer & Praises

<u>Job Network</u>

Looking for a position? Looking to Hire? Please let us know so we can assist in getting the word out!

Job Opportunities in the Oregon Conference

Looking for work in the Oregon Conference? Check the following for job postings: www.oregonconference.org/employment-home

Positions Open at Upper Columbia Conference

• For information on open positions, see <u>uccsda.org/jobs</u>.

Walla Walla University is Hiring

Would you or someone you know like to join the WWU team? We are hiring in a variety of departments, including Academic Records, Facility Services, Information Technology, Nursing, Social Work, and others. You can see all available positions and apply at jobs.wallawalla.edu. Thanks for helping us spread the word!

Open Positions at Camp MiVoden

Camp MiVoden is searching for medical staff to fill some vacancies during some of their youth camps. Applicants for the position must be currently working in the medical field. Please email denisek@uccsda.org if you or someone you know may be interested.

Job Openings at SonBridge Dental Clinic

The SonBridge Dental Clinic is in immediate need of a Dental Assistant and a Dental Hygienist. Flexible hours available. For more information, please <a href="mailto:emailto:

Classified Ads, Services & Needs

Are you in a service industry? Would you like your church family to be aware of what services you can provide? Please consider placing an ad in this space. At this time, to place an advertisement here will not cost any money. It should only be basic text with no illustrations or photos. To add graphics may or may not be possible based on time and graphic software available. Thank you, Office Manager.

Submit your service ads to the following email address: office@eastgateadventist.church weekly Deadline: Items must be received prior to 8:00am Wednesday mornings.

Need Electrical Work Done? Power Solutions Electric

Casey Werner and Trent Fowler may be your solution to your electric wiring and repair projects. Contact Heidi or Tara at pselectric01@gmail.com or 509-540-2656. It's always good to know your electrician!

REALTOR: Thinking about buying or selling your home? Want a Christian Realtor to be your advocate and guide? Let me serve you with the best resources and service in the business. Call or text Sarah Bergman at John L. Scott, Walla Walla at 509-240-6826 or reach me by email at sbergman@johnlscott.com for a no-obligation consultation and market analysis. I look forward to hearing from you.

Looking for Legal Services? Please consider Lenard Wittlake

We provide quality legal services to the greater Walla Walla, WA, area. Licensed to practice law since 1985, our founder was a certified public accountant before becoming an attorney. If you are looking for an attorney, Lenard L. Wittlake, PLLC has the experience to provide strong legal support in: Wills, Trusts, Powers of Attorney Estate Administration General civil litigation Tax law Elder law Probate law. Please call today to schedule a legal consultation. 509-529-1529

Searching for a nice rental house

A middle age couple, no children, no pets; are looking for a rental home in the Walla Walla – College Place area. Please contact the church office if you know of something available.